

30-DAY DECLUTTERING CHALLENGE

	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
KITCHEN	<i>Match Up Tupperware & Lids</i>	<i>Organize Your Junk Drawer</i>	<i>Organize Pots and Pans</i>	<i>Clean out Your Silverware Drawer</i>	<i>Go Through Dish Towels</i>
	DAY 6	DAY 7	DAY 8	DAY 9	DAY 10
CLOTHES	<i>Old Shoes</i>	<i>Organize Nightstand</i>	<i>Get Rid of Old Socks and Underwear</i>	<i>Organize T-Shirts</i>	<i>Go Through Jeans</i>
	DAY 11	DAY 12	DAY 13	DAY 14	DAY 15
LIVING ROOM	<i>Worn-out throw pillows</i>	<i>Seasonal decor items</i>	<i>Remotes for electronics that you no longer use</i>	<i>Remove Kids' toys</i>	<i>Decor items that no longer match</i>
	DAY 16	DAY 17	DAY 18	DAY 19	DAY 20
BATH ROOM	<i>Old, worn-out towels and washcloths</i>	<i>Disintegrated soap bars</i>	<i>Makeup that you no longer wear</i>	<i>Expired beauty products</i>	<i>Old hairbrushes/combs</i>
	DAY 21	DAY 22	DAY 23	DAY 24	DAY 25
OFFICE	<i>Receipts you no longer need</i>	<i>Pens and markers that are dried out</i>	<i>Mystery cords & cables</i>	<i>Expired coupons</i>	<i>Outdated technology / software</i>
	DAY 26	DAY 27	DAY 28	DAY 29	DAY 30
GARAGE	<i>Trash</i>	<i>Old paint</i>	<i>Damaged tools & equipment</i>	<i>Empty boxes</i>	<i>Excessive rags</i>